# CLASSIFIEDS The Hill City Times

Wednesday, January 1, 2024

CLASSIFIEDS - LINE LISTINGS

## LOCAL **OPEN HOUSE!**

\$217,000. Sat. June 1st 3:30 to 4:30p.m. 214 E Walnut Street, Hill City KS 67642. 4 bed 2 bath. Hayden Outdoors. Lisa Krull. 785-656-0387

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## KANSAS

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Place your 25-word classified in the Kansas Press Association and 135 more newspapers for only \$300/ week. Find employees, sell your home or your car. Call the Kansas Press Association @ 785-271-5304 today!

#### Misc.

Attention: VIAGRA and CIA-LIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-866-481-0668

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### Misc.

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#### Misc

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### Misc

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# HELP WANTED

## LEGAL ASSISTANT **HIRSCH & ABBOTT LAW OFFICE**

Qualifications: The ideal candidate is energetic, detailoriented and able to manage busy attorneys and work independently.

Responsibilities include, but are not limited to, preparing e-filings for court, scheduling depositions where many parties are involved, maintaining attorneys' calendars and opening new files, handle everyday office tasks such as answering phones and filing documents.

People skills and confidentiality a must!

Competitive Benefits.

Please submit resumes by January 10, 2025 to steve@hirschlaw.net

## **REQUESTING BIDS**

(First published in The Hill City Times Wed., January 1, 2025)

GCH is currently accepting bids for the renovation of three restrooms attached to patient rooms located at the hospital. The renovations are being done to meet the Americans with Disabilities Act requirements.

GCH is currently accepting bids for the construction of new storage cabinets in the Emergency Room.

GCH is currently accepting bids to modify ceilings and install negative pressure equipment in three patient rooms.

For more information and/or to inspect the area to be renovated, please contact Scott Roberts, Maintenance Director 785-421-2121 ext. 1730 or contact Melissa Atkins, CEO 785-421-2121 ext. 1200.

Bids will be accepted through January 10, 2025. Sealed bids should be submitted by January 10, 2025, to Melissa Atkins, CEO via mail at 304 West Prout, Hill City Kansas 67642, email at matkins@gchospital.org, or hand delivery to CEO office.

## Kindness/page 5\_\_\_\_

they later reported lower levels of prejudice toward an out-group — even if the person they wrote about had no connection to that out-group. Here, moving toward appreciation of the other, rather than away from prejudice, was an effective way to transform preconceived beliefs. So, small acts of connection can shift personal attitudes. But can they really affect societies?

## From one-on-one to society-wide

Every human being is embedded in their own network with the people and world around them, what psychologists call their social ecology. Compassionate change at any level of someone's social ecology — internally, interpersonally or structurally — can affect all the other levels, in a kind of positive feedback loop, or upward spiral. For instance, both system-level anti-discrimination programming in schools and interpersonal support between students act reciprocally to shape school environments for students from historically marginalized groups. Again, individual acts play a key role in these positive domino effects.

Even as a human connection researcher, I've been surprised by how much I and others have progressed toward mutual understanding by simply caring about each other. But what are small acts of connection, after all, but acts of strengthening relationships, which strengthen communities, which influence societies? In much of my clinical work, I use a model called social practice — or "intentional community-building" — as a form of therapy for people recovering from serious mental illnesses, like schizophrenia. And if intentional community-building can address some of the most debilitating states of the human psyche, I believe it follows that, writ large, it could help address the most His email: vmy2121@outlook.com debilitating states of human societies as well. Simply put, science supports the idea that moving toward each other in small ways can be transformational. I'll die on that hill too. This article is republished from The Conversation (https://theconversation.com/an-upward-spiralhow-small-acts-of-kindness-and-connection-reallycan-change-the-world-according-to-psychology-research-237426) under a Creative Commons license.

## Post/page 4

be held at the Mankato Community Center, 214 N. High Street, and will start at 5:30 p.m. until 8:30 p.m. Supper will be served at 5:30 p.m. No cost, however, registration is requested by Wednesday, February 12, either ONLINE at www.postrock.ksu.edu or calling any of our Post Rock Extension District Offices in Beloit, Lincoln, Mankato, Osborne or Smith Center. Hope to see your there!

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Sandra may be contacted at swick@ksu. edu or by calling Smith Center, 282-6823, Beloit 738-3597, Lincoln 524-4432, Mankato, 378-3174, or Osborne 346-2521. Join us on Facebook at "Post Rock Extension". Our "Ag Newsletter" is published and emailed out every week and on our website www.postrock.ksu.edu and my twitter account is @PRDcrops.

## VAN/page 5\_\_\_\_

tence; that is bullying.

The point of many of the shows is to intimidate, insult or humiliate others. Then, when a young person comes to school with a gun or knife and does bodily harm to others, the source of the problem is covered by those that caused the problem. How blind do we have to be not to see this?

Freedom of the press carries over to on-screen news. Is it permissible for freedom of speech to justify the demeaning talk we hear on our TV? If it is destroying our society isn't that misusing a freedom?

Why do we call violence anything other than what it is? TV shows and movies are teaching our young children "if you don't like someone, shoot them." Have we even seen a movie that hasn't had someone shot and killed? Very few!

It is time to see bullying as a serious problem. Can we expect any less than a violent response from a child that is small or weak that has been bullied? When a child brings a gun or knife to school and harms another, there is usually a reason.

Psalm 82: 3-4 "Stand up for those who are weak. See to it that those who are poor and those who are beaten down are treated fairly. Save the weak and those who are in need. Save them from the power of sinful people."

God through King David (writer of Psalms) teaches us to stand firm for the weak and oppressed. The

Bible teaches us to love one another and a part of that love is to protect.

Would it be too much to ask for parents to teach their children this simple but very effective lesson from God? As long as other children/youth stand on the sideline and watch it happen, the bullies are encouraged.

If we fail to promote the Gospel of Jesus Christ and promote the teachings of the Holy Bible, our world will continue to degrade into chaos and bullying on all levels will increase.

The teachings of God are the most substantial and authoritative guidelines for human behavior. To intimidate those that are weak and helpless is an action that we can no longer tolerate.

School shootings including the one in Madison Wisconsin recently should be a wake-up call. Why would a fifteen year old girl bring a gun to school and shoot several other students? We may never know for sure but we do know the truth and/or the full story will likely never be told.

The greatest solution to this dilemma is to teach parents and children the rules and laws of God.

We must always teach that eternal salvation is attained

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којех Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. These brands only! Call for a quote: 1-866-481-0636.

### Misc.

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#### Misc.

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We really need drivers

by a faith based belief (Ephesians 2: 8) in Christ Jesus crucified (Matthew 27: 35) for the remission of sin (1 John 1: 9) and resurrected (Matthew 28: 6).

There is a saying in farm country: "There's no point in locking the barn door after the horse is out." The bullying horse is out and is running wild and he must be stopped. Van Yandell is a retired Industrial Arts teacher, an ordained gospel evangelist and commissioned missionary.



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