

Chamber Chatter

By Tina Fernandez, Executive Director of the Hugoton Area Chamber of Commerce

MEMORIAL DAY

The chamber and Economic Development office will be closed Monday, May 26, 2025 in observance of Memorial Day. The office will reopen Tuesday, May 27 at 9 a.m.

BUSINESS SPOTLIGHT OF THE MONTH

Congratulations to Aqua Shield Roofing and Construction selected as Business Spotlight of the Month for this month. We invite you to join us on the Hugoton Area Chamber of Commerce Facebook Page next Wednesday at 10:00 a.m. for a Facebook Live Interview.

CHAMBER LUNCHEON

The chamber would like to thank all who attended the chamber's second quarterly luncheon. Your presence and participation made the event a huge success. A special thank you to guest speaker Raquel Arellano and team FAM Digital Marketing who spoke and gave tips on how to promote and grow your business.

Make sure to tune in for the Stevens County Update on the first Thursday of

every month, at 8:30 a.m. on KULY/106.7 with Bob Dale and Chamber Chatter on the third Monday of every month at 9:99 a.m. on TalkRadio 1270 AM with Joe Denoyer!

The Hugoton Area Chamber of Commerce wishes to give special thanks to our GOLD MEMBERS, Seaboard Energy, Ghumm's Auto Center/Napa, Jordan Air, Pioneer Communications, Pioneer Electric Coop, Aqua Shield Roofing and Construction, Stevens County Healthcare, The City of Hugoton, Mas-Cow Dairy, Dream First Bank, Equity Bank, Invenergy, McDonalds as well as all of our valued Chamber Members.

It is businesses and people like you that make "Stevens County...A great place to call home".

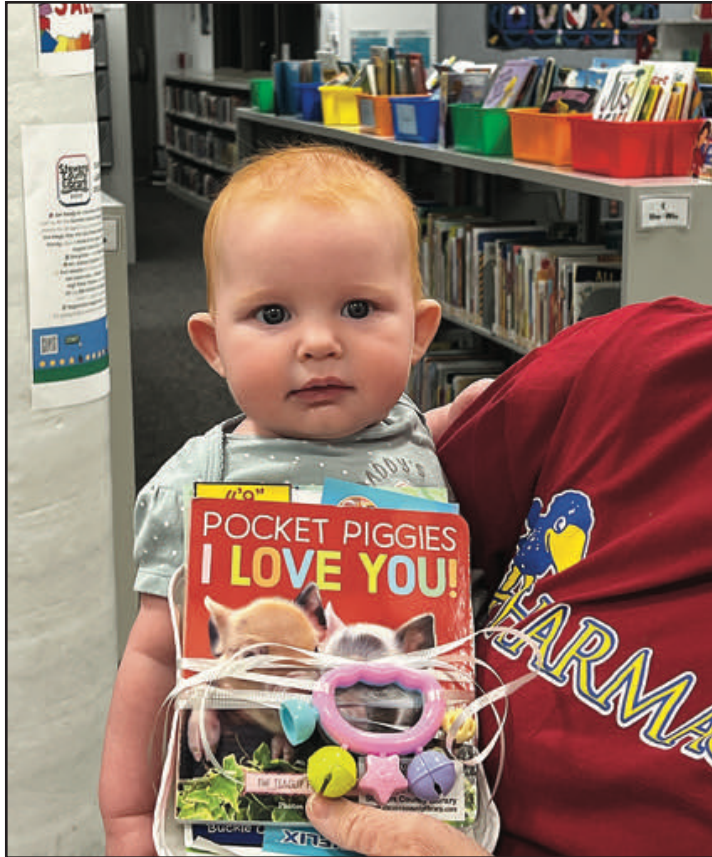
**If there is something you would like to showcase in our Newsletter, on our radio shows, the Chamber Chatter column, on the website, or on Facebook, please contact Tina at the Chamber of Commerce, 620.544.4305.



Hugoton Area Chamber of Commerce guest speaker Raquel Arellano and team FAM Digital Marketing speaks and gives tips on how to promote and grow your business at the Chamber's second quarterly luncheon.



Greyson has experienced 200 books in the Stevens County Library's 1,000 Books Before Kindergarten challenge. Great work Greyson!



Welcome to the library Aubrey!! Aubrey stopped by to pick up her welcome packet and her very first 1,000 Books Before Kindergarten reading log. The Stevens County Library is so excited to be part of her reading journey from the very beginning. Happy reading, Aubrey!!

FOOD SAFETY

From page 1

- Poultry (whole and ground): 165 F
- **Avoid the Danger Zone:**
- The bacteria that can cause foodborne illness grow between 40 F and 140 F — also known as the Danger Zone.
- If you plan to keep perishable foods on the table for more than two hours (or one hour in temperatures above 90 F), keep hot foods hot and cold foods cold to avoid the Danger Zone.
- Keep hot foods heated at or above 140 F with chafing dishes or preheated grill.
- Keep cold foods

chilled at or below 40 F by placing them on bowls of ice or keeping them inside a cooler near the picnic table.

For more information about food safety, call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854) or email MPHotline@usda.gov.

Access news releases and other information at USDA FSIS' website at www.fsis.usda.gov/newsroom. Follow FSIS on X at [@usdafoodsafety](https://twitter.com/usdafoodsafety) and USDA on Instagram at [@usdagov](https://www.instagram.com/usdagov) and Facebook at [@usda](https://www.facebook.com/usda).

COMPLETE MENTAL HEALTH SERVICES

• Including Family and Marriage Counseling •

Southwest Guidance Center

Call 624-8171 for an appointment

PUBLIC NOTICE

(First published in The Hugoton Hermes, Thursday, May 15, 2025) 3t

IN THE DISTRICT COURT OF STEVENS COUNTY, KANSAS

IN THE MATTER OF THE ESTATE OF CURTIS L. HAEHN, DECEASED

Case No. SV 2025-PR-000024

NOTICE OF HEARING ON PETITION FOR PROBATE OF WILL, FOR APPROVAL OF FAMILY SETTLEMENT AGREEMENT, AND NOTICE TO CREDITORS (Chapter 59)

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified a petition has been filed on May 7, 2025, in this Court by Brandt Haehn as one of the legatees and devisees under the will and estate of Curtis L. Haehn, deceased, and as executor named in his will, praying the Court approve the Family Settlement Agreement; and either (a) admit the Last Will and Testament of Curtis L. Haehn to probate, for his appointment as executor of said will and estate, and for the issuance of Letters Testamentary to him as executor.

tor upon the filing of his oath and surety bond; or (b) upon approval of the Family Settlement Agreement to convert these proceedings to determination of descent proceedings.

You are hereby required to file your written defenses thereto on or before the 9th day of June, 2025, at 9:30 a.m. of said day, in the district courtroom at the county courthouse, in the City of Hugoton, Stevens County, Kansas, at which time and place the cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon the petition.

All creditors of the decedent are notified to exhibit their demands against the estate within four (4) months from the date of the first publication of this notice as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Brandt Haehn, Petitioner

KRAMER, NORDLING & NORDLING, LLC
209 East Sixth
Hugoton, Kansas 67951
Attorneys for Petitioner
Telephone: (620) 544-4333
Email: erick.nordling@nordlinglaw.com

DID YOU KNOW?

Drinking milk is a popular way to consume the amount of dairy recommended for a healthy diet. Milk is a rich source of 13 essential nutrients that can boost the immune system and fuel the body. Milk notably contains vitamin D and calcium, which helps maintain strong bones and can reduce the risk for a bone-thinning disease known as osteoporosis. Milk also contains vitamins A and B as well as potassium and protein. Milk helps keep

teeth strong and healthy as well.

The United States Department of Agriculture says that each person's recommended intake of dairy depends on his or her age, gender, height, and other factors. Generally speaking, toddlers and children should consume between one and 2.5 cups of milk per day. Adults can benefit from about three cups per day. A cup is equal to 8 ounces.

Health experts advise

choosing nonfat or low-fat versions of milk and additional dairy products, as they are much more heart-healthy than full-fat options. Too much saturated fat in one's diet can lead to high cholesterol and a greater risk for heart disease.

If the idea of downing three glasses of milk is a turn-off, milk can be incorporated into recipes, such as smoothies, where its taste and texture is less prominent. Cheese and yogurt also count. Eight ounces of yogurt or 1 1/2 ounces of hard cheese is equivalent to one cup of milk in terms of nutrition, says a2 Milk®, a company that produces milk that may be easier on digestion. Individuals who have a lac-

tose intolerance can choose milk products that do not contain lactose.

Submitted by Metro Editorial Service

Hugoton Hermes Early Deadline

Thursday, May 22 at 5 p.m. for the May 29 edition of the newspaper.

Hugoton City-Wide



is Monday, June 2 thru Friday, June 6

First, please use the dumpsters. If it can be placed in the dumpster with the lid closed this is the best and quickest way to see it go. Next, if you have larger items and are unable to haul off your own refuse to the landfill the city will pick it up. Please place items next to alley at the rear of your property. Place tree limbs too large for the dumpster in a separate pile, large metal items such as washers and dryers in another pile and trash in a third pile. Do not block the alleyways with this refuse. Let us all do our part to keep our city a clean, nice place to live. **Please No Tires, Cement or Hazardous Materials.**

If you have questions, the City can be contacted at 620-544-8531.

Paul Nordyke

Joshua Grubbs

City Utility Supervisor

City Inspector



Saluting

Our Brave Veterans Past & Present

On Memorial Day and always, we remember and honor all who put service above self as members of our nation's military. Thank you for your sacrifice and dedication to preserving our freedom.

620.428.6801

627 S Main
Hugoton, KS 67951

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