



KDHE, KVDL to host World Rabies Day Poster Competition 2025

The Kansas Department of Health and Environment (KDHE) and the Kansas Veterinary Diagnostic Laboratory (KVDL) at Kansas State University in collaboration with Bavarian Nordic and the One Health Commission Bat Rabies Education Team (BRET) are hosting a poster contest to educate children about rabies prevention in Kansas.

Kansas students from Kindergarten to 12th grade are encouraged to participate. Winning submissions will receive a donation to their school as well as a personal prize. Submissions are due January 30, 2026. More information can be found on the KVDL website.

This contest aims to raise awareness about rabies, the impacts it can have on ecosystems and how to prevent rabies transmission. Ra-

bies is a deadly but preventable disease that can be transmitted to people by infected mammals. Wildlife such as bats, which are the origin of most human rabies cases in the United States, still play an integral role in the Kansas ecosystem through pollination and eating crop-destroying insects.

Not all wild animals have rabies, but recognizing the potential for wildlife rabies reservoirs to transmit rabies to humans and pets is crucial for rabies transmission prevention.

By following the theme, “Act Now: You, Me, Community,” the posters submitted for this contest should highlight how individuals and communities can work together to prevent rabies.

For more information on rabies in Kansas, visit the KDHE rabies webpage.



Laurie and Vanessa kept the crowd hopping at the Stevens County Library's Circle Time September 24. The book “Bounce” by Doreen Cronin was read, and then everyone

participated in an obstacle course around the room. They finished with the book “From Head to Toe” by Erick Carle and some songs. Everyone had a great time!



GCCC Endowment Association announces Madison Paige Huber Memorial Nursing Scholarship

The Garden City Community College Endowment Association is proud to announce the Madison Paige Huber Memorial Nursing Scholarship, established by the Huber family to honor Madison's life and memory.

Madison Paige Huber, daughter of Mitchell and Meghan Huber, was born eight weeks early in January 2019 alongside her surviving twin sister, Savanna. Though Madison passed away at just three months old, she spent her entire life surrounded by extraordinary love and care given to her by her nurses. Her family has chosen to honor her nurses' compassion and exceptional skills by giving back to the nursing community.

“During Madison's much too short life, she was cared for by some of the most wonderful human beings we

have ever known — her NICU and PICU nurses at Wesley Medical Center in Wichita. Many of them remain close friends of our family, even years later. To honor the selfless gift of time, love and compassion our nurses poured into Madison and her medical care, we have chosen to give back to the nursing community. Establishing this scholarship in her memory is our way of helping future nurses continue the same legacy of care that meant so much to us,” said Meghan Huber, Madison's mother.

The Madison Paige Huber Memorial Nursing Scholarship will support students enrolled in the GCCC Nursing program who maintain a minimum 2.5 GPA, with preference given to those pursuing neonatal and pediatric nursing in Kansas. By

supporting nursing students, the scholarship ensures that Madison's memory will continue to inspire compassion and care in future generations of caregivers.

Those wishing to help grow the Madison Paige Huber Memorial Nursing Scholarship can make a gift online through the GCCC Endowment Association at www.gcccendowment.com/ giving or by mailing a check to the GCCC Endowment Association at 801 Campus Drive, Garden City, KS 67846 and including the scholarship name in the memo. Your support will ensure that Madison's legacy continues to impact future nursing students for years to come.

An endowed scholarship is a lasting legacy in which the principal remains invested, with a portion of the return used each year to pro-

vide student support. To learn more about creating an endowed scholarship, contact the GCCC Endowment Association at 620-276-0412 or endowment@gcccks.edu.

KDHE issues warning on 7-Hydroxymitragynine (7-OH) products

The Kansas Department of Health and Environment (KDHE) and the U.S. Food and Drug Administration (FDA) are alerting the public about the risks associated with 7-hydroxymitragynine (7-OH). Kratom and 7-OH are often marketed alongside each other because 7-OH is naturally found in kratom in small amounts. However, 7-OH products use synthetic compounds with much higher concentration and potency.

These products are sold in stores such as smoke shops, gas stations, convenience stores, and online shops. They can be gummies, liquid shots, tablets, or powders. It is sometimes sold as if it were the same product as kratom, but it is not. 7-OH is more addictive, and using it in combination with alcohol or other sedatives can cause severe respiratory depression, and in some cases, even death.

Because 7-OH is unregulated, the potency and quality of products can vary widely, making it difficult to safely gauge dosage. KDHE emphasizes that combining 7-OH with other substances increases the risk of overdose.

“We are urging individuals to avoid using any products

containing 7-OH,” Dr. Dereck Totten, KDHE Chief Medical Officer, said. “It can be extremely harmful, even in small doses. Always consult with your healthcare provider before consuming any new supplements, and if you suspect an adverse reaction or overdose, seek medical attention immediately.”

The FDA has received reports of harmful effects associated with 7-OH products, which include addiction, anxiety, depression, gastrointestinal distress, insomnia, seizures, and withdrawal symptoms such as restlessness, body aches, fatigue, irritability, and cold sweats.

Overdose and Treatment

- Because 7-OH acts on opioid receptors, it can cause respiratory depression and overdose.

- Opioid overdose (including 7-OH) can be reversed with naloxone, a medication that restores normal breathing.
- It is important to recognize that naloxone prevents opioid overdose. However, if 7-OH is mixed with other drugs or alcohol, then naloxone may not fully reverse the effects.
- Naloxone can be administered through the nose or as an intramuscular injection to save a person's life. Both

methods are equally effective.

- Anyone who suspects an overdose should call 911 immediately and administer naloxone, if available.

KDHE Urges Residents to

- Avoid all products containing 7-OH.
- Read labels carefully when buying candies or supplements.

- Talk to children and teens about the risks of 7-OH.
- Keep 7-OH products away from children and pets.
- Stay informed about overdose risks and keep naloxone available in case of an emergency.
- Consult a healthcare provider before using any supplements, especially anything marketed for pain, energy or mood.
- Seek medical care or call the Poison Help Line at 1-800-222-1222 if you have concerns about 7-OH.

KDHE urges residents to avoid 7-OH products, talk to their loved ones about the risks, and know how to respond in case of an overdose. Kansas residents can request free naloxone kits through DCCCA's online order form.

For immediate concerns, call the Poison Help Line at 1-800-222-1222, or dial 911 in case of an overdose.

HIGH PLAINS THEATRE
WWW.HIGHPLAINSTHEATRE.COM
618 S MAIN ST., HUGOTON, KS

I KNOW WHAT YOU DID LAST SUMMER
SAT., OCT. 4
7 PM
RATED R

FRIDAY, OCT. 10 HHS EAGLES VS CIMARRON ON THE BIG SCREEN

THE GREEN BERETS
SAT., OCT. 11
7 PM

PUBLIC NOTICE

(First published in The Hugoton Hermes, Thursday, October 2, 2025) 3t

NOTICE OF GENERAL ELECTION – 2025 STATE OF KANSAS Stevens County

I, Amy Jo Tharp, County Clerk and Election Officer of Stevens County, present a list of the candidates for the nomination of the respective offices indicated below. They have filed as prescribed by law, and I do find the following named persons are entitled to a place on the official ballots for the General Election to be held in Stevens County on November 4, 2025, at the precincts listed below. I have added hereto the names for Cities, USD209, USD210, and Extension District #18.

For HUGOTON CITY COUNCIL BOARD MEMBER – Vote for Three or Less
Dean Banker Hugoton
Arol D. Corpening Hugoton
Tony A. Martin Hugoton
Brad Niehues Hugoton

For MOSCOW CITY COUNCIL MEMBER – Vote for Three or Less
Jon Lund Moscow
Jim Rawlins Moscow
Nathaniel Roland Moscow

For USD 209 BOARD OF EDUCATION – Vote for Three or Less
Jamie Montes Moscow
Kara Van Tonder Moscow
Melissa “Lisa” Whitham Moscow

For USD 210 BOARD OF EDUCATION – Vote for Three or Less
Lupe Acosta Hugoton
Renee Beesley Hugoton
Jason E. Burrows Hugoton
Rex Evans Hugoton
Cammie Jo Heaton Hugoton
Scott Schechter Moscow – USD 210

For WILD WEST EXTENSION DISTRICT #18 BOARD MEMBER – Vote for Two or Less
Derek Dillinger Hugoton
Nancy A. Johnson Hugoton
Julianne Kinser Hugoton

Pursuant to the foregoing, I hereby give notice that the General Election will be held on November 4, 2025, at the following polling locations:
Banner, Center 1, Center 2, Harmony, Voorhees, West Center (USD210 & Extension) and Hugoton 1, Hugoton 2, Hugoton 3, and Pioneer (USD210, City of Hugoton & Extension) at Stevens

County Courthouse in the Memorial Hall (200 E. 6th Street, Hugoton).

Moscow 1 (USD209, City of Moscow & Extension), Moscow 2 (USD210 & Extension), and Moscow 3 (USD209 & Extension) at the Moscow Christian Fellowship Church (304 Main, Moscow).

- The polls will open at 7 o'clock AM and close at 7 o'clock PM.
- Note: Stevens County registered voters may vote an Advance Ballot in the Stevens County Clerks Office Mon – Friday 9:00am – 5:00pm beginning the 22nd of October, 2025 until noon on November 3rd, 2025.
- For Pioneer Manor residents and staff, there will be early voting held at the Pioneer Manor on October 15, 2025 from 10 o'clock AM and close at 12 o'clock PM.
- Last day to register to vote in this election is October 14th, 2025.

Witness my hand and seal this 24th day of September, 2025.

/s/ Amy Jo Tharp
Amy Jo Tharp, Stevens County Clerk & Election Officer
SEAL

AVISO DE ELECCIONES GENERALES – 2025 ESTADO DE KANSAS Condado de Stevens

Yo, Amy Jo Tharp, Secretaria del Condado y Funcionaria Electoral del Condado de Stevens, presento la lista de candidatos para la nominación a los cargos que se indican a continuación. Se han presentado conforme a lo dispuesto por la ley, y considero que las siguientes personas tienen derecho a un lugar en las papeletas oficiales para las Elecciones Generales que se celebrarán en el Condado de Stevens el 4 de noviembre de 2025, en los precintos que se indican a continuación. Añado a la presente los nombres de las ciudades, el Distrito Electoral 209, el Distrito Electoral 210 y el Distrito de Extensión n.º 18.

Para MIEMBRO DE LA JUNTA DEL CONCEJO MUNICIPAL DE HUGOTON: Vote por tres o menos
Dean Banker Hugoton
Arol D. Corpening Hugoton
Tony A. Martin Hugoton
Brad Niehues Hugoton

Para MIEMBRO DEL CONCEJO MUNICIPAL DE MOSCÚ – Vote por tres o menos
Jon Lund Moscow
Jim Rawlins Moscow
Nathaniel Roland Moscow

Para USD 209 JUNTA DE EDUCACIÓN – Vote por tres o menos

Jamie Montes Moscow
Kara Van Tonder Moscow
Melissa “Lisa” Whitham Moscow

Por USD 210 JUNTA DE EDUCACIÓN – Vote por tres o menos
Lupe Acosta Hugoton
Renee Beesley Hugoton
Jason E. Burrows Hugoton
Rex Evans Hugoton
Cammie Jo Heaton Hugoton
Scott Schechter Moscow – USD 210

Para MIEMBRO DE LA JUNTA DEL DISTRITO DE EXTENSIÓN DEL SALVAJE OESTE N.º 18: Vote por dos o menos
Derek Dillinger Hugoton
Nancy A. Johnson Hugoton
Julianne Kinser Hugoton

De conformidad con lo anterior, por la presente notifico que las Elecciones Generales se llevarán a cabo el 4 de noviembre de 2025, en los siguientes lugares de votación:

Banner, Center 1, Center 2, Harmony, Voorhees, West Center (USD210 & Extensión) y Hugoton 1, Hugoton 2, Hugoton 3, and Pioneer (USD210, Ciudad de Hugoton y extension) en el Palacio de Justicia del Condado de Stevens en el Memorial Hall (200 E. 6th Street, Hugoton).

Moscow 1 (USD 209, Ciudad de Moscow y Extensión), Moscow 2 (USD 210 y Extensión) y Moscow 3 (USD 209 y Extensión) en la Iglesia Cristiana de la Comunidad de Moscow (304 Main, Moscow).

- Las urnas abrirán a las 7:00 a. m. y cerrarán a las 7:00 p. m. Nota: Los votantes registrados del condado de Stevens pueden votar con boleta anticipada en la Oficina del Secretario del Condado de Stevens de lunes a viernes, de 9:00 a. m. a 5:00 p. m., desde el 22 de octubre de 2025 hasta el mediodía del 3 de noviembre de 2025.
- Para los residentes y el personal de Pioneer Manor, se llevará a cabo una votación anticipada en Pioneer Manor el 15 de octubre de 2025 a partir de las 10 a. m. y cerrará a las 12 p. m.
- El último día para registrarse para votar en esta elección es el 14 de octubre de 2025.

Doy fe de mi firma y sello este 24 de septiembre de 2025.

/s/ Amy Jo Tharp
Amy Jo Tharp, secretaria y funcionaria electoral del condado de Stevens
SEAL