

Rathbun/

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his leadership in variety development and industrial uses of wheat,” he wrote. “The Herb Clutter Memorial Scholarship represents more than just financial assistance – it honors a legacy of leadership, innovation and commitment to Kansas wheat growers. I am eager to carry on that legacy by applying my education and experiences to the advancement of the wheat industry.”

Herbert W. Clutter was a farmer from Holcomb and the first president of the National Association of Wheat Growers, which was established in 1948. Clutter encouraged Kansas wheat farmers to organize as a strong, unified voice, which led to the formation of the Kansas Association of Wheat Growers in 1952. He encouraged research in education and industrial uses of wheat, improved variety development and methods to produce the best product at the lowest cost. Clutter’s efforts led to the formation of the Kansas Wheat Commission by the Kansas legislature in 1957.

The Herb Clutter Memorial Scholarship was established in 2009 to honor Herb Clutter’s influential role in organizing leadership groups on behalf of Kansas wheat producers and is supported by the generosity of the Herb Clutter family. Farm kids with a self-starter attitude and a curious mind like Rathbun are the perfect fit to honor Clutter’s legacy.

“Wheat harvest taught me more than just the mechanics of farming; it instilled in me a strong work ethic, patience and the ability to adapt under pressure,” he wrote. “Long hours in the field, unpredictable weather and the teamwork required to make everything come together showed me the dedication that farming demands.”

Learn more about the Herb Clutter Memorial Scholarship at <https://kswheat.com/clutter>.

O’Hare/

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Law School.

“I am deeply honored and sincerely grateful to Governor Kelly for entrusting me with this important responsibility,” said Judge Jennifer O’Hare. “I am committed to serving the citizens of the 12th Judicial District with integrity, fairness, and respect, and to upholding our district’s strong tradition of judicial excellence.”

District court judges in the 12th Judicial District are appointed by the governor. After serving one year in office, the new district judge must stand for a retention vote in the next general election to remain in the position. If retained, the incumbent will serve a four-year term.

The other nominees for this position were Guy Steier, Nels Noel, and Robert Walsh.

O’Hare is a 1991 graduate of Lincoln High School.

Thank You, Readers!

City of Beverly Accepting Sealed Bids

(First Published in Lincoln Sentinel-Republican on Wednesday, April 23, 2025)

The City of Beverly is now accepting sealed bids on property located within the limits of Beverly, Kansas. These need to be in the office of the City Clerk by Sunday May 11, 2025. Lot 21 of Block 27 & S2 Vac Alley lying North of Lot 21.

Beverly City Office
PO Box 137
Beverly, KS 67423

Legal Notice

(First Published in Lincoln Sentinel-Republican on Wednesday, April 30, 2025)

City of Lincoln Center, Kansas

FINANCIAL REPORT

For the Period from	December 31, 2024	To	March 31, 2025		
Funds	Balance Forward	Receipts	Withdrawals	Balance	
General Operating	\$845,357.50	\$291,865.72	\$208,914.98	\$928,308.24	
Water Utility	\$470,870.92	\$69,617.48	\$87,633.22	\$452,855.18	
Electric Utility	\$3,106,629.04	\$483,206.11	\$342,571.46	\$3,247,263.69	
Sewer Utility	\$471,651.58	\$61,233.63	\$23,783.95	\$509,101.26	
Special Liability	\$75,123.46	\$0.00	\$0.00	\$75,123.46	
G.O. Bond & Interest	\$44,463.54	\$49,975.95	\$44,648.00	\$49,791.49	
Library	\$0.00	\$44,261.34	\$42,000.00	\$2,261.34	
Special Highway	\$95,272.38	\$7,731.84	\$1,888.80	\$101,115.42	
Equipment Reserve Fund	\$279,862.10	\$1,526.49	\$0.00	\$281,388.59	
Employee Benefits	\$54,783.44	\$15,871.86	\$14,545.20	\$56,110.10	
Payroll Withholding	\$8,250.11	\$5,672.24	\$6,443.33	\$7,479.02	
Sp. Park & Recreation	\$22,075.96	\$1,110.81	\$0.00	\$23,186.77	
Solid Waste Service	\$12,089.06	\$30,221.13	\$29,364.72	\$12,945.47	
Cemetery Trust	\$81,186.89	\$623.98	\$0.00	\$81,810.87	
Recreation Fund	\$155,393.00	\$59,952.36	\$50,691.36	\$164,654.00	
Water Reserve	\$76,161.53	\$0.00	\$0.00	\$76,161.53	
Light Reserve	\$650,000.00	\$0.00	\$0.00	\$650,000.00	
Sewer Reserve	\$105,000.00	\$0.00	\$0.00	\$105,000.00	
Project Fund	\$0.00	\$0.00	\$0.00	\$0.00	
Covid-19 Fed Funds	\$94,000.00	\$0.00	\$0.00	\$94,000.00	
Base Grant Project	\$0.00	\$72,450.00	\$72,450.00	\$0.00	
TOTALS	\$6,648,170.51	\$1,195,320.94	\$924,935.02	\$6,918,556.43	
The Airport, Band, Cemetery, Defense, Swimming Pool Operation, and Tennis Court Maintenance Funds are carried as sub-accounts in the General Operating Fund.					
Balance on Deposit:					
Citizens State Bank:	\$3,690,760.12				
Bank of Tescott:	\$3,235,873.33				
Petty Cash:	\$500.00				
TOTAL	\$6,927,133.45				
Outstanding Warrants:	\$8,577.02				
Net Balance on Deposit:	\$6,918,556.43				
CITY DEBT					
General Obligation Bond, Series 2017				\$314,000.00	
Kansas Public Water Supply Loan Fund				\$981,710.53	
TOTAL					\$1,295,710.53
INVESTMENTS OWNED BY CITY					
Citizens State Bank - NOW				\$31,115.70	
Citizens State Bank - Savings & CD				\$3,659,644.42	
Bank of Tescott - NOW				\$492,312.69	
Bank of Tescott - Savings & CD				\$2,743,560.64	
TOTAL					\$6,926,633.45
(Included in Net Balance on Deposit)					
I, Kimberly Meyer, Do hereby Certify that the Above Statement is Correct					
Signed	Kimberly Meyer	Title:	Treasurer		
Subscribed and Sworn Before Me this	23	day of	April	2025	
(SEAL)		day of	April	2025	
My Commission Expires		day of		20	

By **Jamie Rathbun**
Family and Community Wellness Agent, Post Rock Extension District #1

Imagine if there was one action you could take daily to give you all these health benefits:

- Maintain a healthy weight
- Strengthen heart and lungs
- Reduce risk of stroke and heart disease
- Strengthen bones and muscles
- Improve balance and coordination
- Manage and prevent high blood pressure and high cholesterol levels
- Ease joint pain
- Improves mood

Would you make time each day to support your health? Knowing that this one action could support so many health factors, why would you not take a walk daily?

That’s right, walking each day can elevate our health in so many ways! Let’s meander through some facts about the amazing benefits of walking every day.

Walk More. Stress Less. Walking is one of the simplest ways to get and stay active.

- Walking is the most popular form of exercise. For most people, it’s safe, low-or no-cost, and easy to stick with.
- Research has shown that walking can have a significant impact on your health by lowering your chances of heart disease.
- Walking at a lively pace at least 150 minutes a week can help you think better, feel better, and sleep better.

Make a Move. One in four U.S. adults sits for longer than eight hour each day. Sitting for too long can hurt your physical and mental health.

- A recent study found that swapping just 30 minutes of sitting with low-intensity physical activity reduced risk of death by 17%. If everyone increased their activity, even by a small amount, we would see an improvement in health and lower the cost of disease in the United States.

Sweet Dreams. Prioritize sleep and aim for seven to nine hours a night.

- Getting a good night’s sleep every night is vital to cardiovascular health. Too little (or too much) sleep is associated with heart disease, studies show. Good sleep improves mood, memory, and reasoning. Check the Stress. Money, work and family responsibilities, and health concerns are top sources of

Step into better health

stress.

- Chronic stress can impact your emotional and physical health. Stress can increase your risk for heart attack and stroke.
- Workplace stressors – such as long hours, finances, job security, and work-family conflict – are as harmful to your health as second-hand smoke.

Now that we know that walking isn’t just good for our body – it’s a simple and powerful way to care for our mind and soul, let’s get out for a brisk walk to make a world of difference for our heart health and mental clarity.

Join Post Rock Extension District during May (National Walking Month) for some Walk at Lunch days. Check our website (www.postrock.ksu.edu) or our Facebook page (Post Rock Extension) for more details.

The Post Rock District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith Counties. Contact Jamie Rathbun at jrathbun@ksu.edu or by calling 785-524-4432. Stay connected with “Post Rock Extension” on Facebook, Twitter, Instagram, and YouTube. Our website is www.postrock.ksu.edu.

KANcycle Bike Sharing announces free rides

May is National Bike Month and KANcycle is making it easier than ever to get rolling – by offering free 60-minute bike share rides all month long. Whether you’re biking for your health, the environment, or just for fun, KANcycle invites riders across north central Kansas to celebrate the power of two wheels.

KANcycle is offering the promo code “bike2025” for 31 free rides on KANcycle during the month of May. This promo code is good for all locations in the KANcycle service area.

“No better way of celebrating National Ride a Bike Day, National Bike to Work Day, Bike Month, and overall physical activity, than by offering free rides,” said Michelle Coats, Director of Mobility Management for the region. “KANcycle is a great program for Kansas, and we want more people to take advantage of this service. Rides can be taken for any purpose, including shopping, errands, and even fun.”

Bikes are easy to check out. Riders need to download the Movatic app, find a rack with an available bike, enter the promo code on the payment screen, and start riding. To end the ride, the process is reversed.

KANcycle is a regional bike sharing program that includes stations in Salina,

Minneapolis, Concordia, Belleville, Mankato, Beloit, Lincoln, Ellsworth, Lindsborg and Coffeyville, with convenient, affordable access to bicycles as an easy, fun, healthy and eco-friendly means of transportation and recreation. OCCK, through a collaborative funding partnership with Blue Cross and Blue Shield of Kansas, brings you KANcycle powered by Movatic. Movatic manages all aspects of its bike-share programs — from bikes and technology, to maintenance and fleet rebalancing. Riding KANcycle bike share is easy. Bikes can be found via the free Movatic Mobile App — available for iPhone and Android. Each bike has a unique number which riders enter into the app to unlock the bike. After the rider returns the bike to a designated Movatic bike station, the rental ends and the bike is available for the next person to enjoy.

Blue Cross and Blue Shield of Kansas, the state’s largest health insurer, helps to support KANcycle, as they do Bike Share ICT in Wichita.

For more information about OCCK, Inc., visit www.occk.com. For more information about CityGo and OCCK Transportation, visit www.salinacygo.com. Or, contact the OCCK Transportation Center at 785-826-1583.

For more information about KANcycle, visit www.kancycle.org.

For more information about Bike Month activities across the state of Kansas, visit www.ksrides.org.

Post/

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to destroy the beetles and nematodes. Do not save the wood for firewood.

The beetles are attracted to drought-stressed trees. If possible, provide water during dry periods to prevent drought stress. There are products available for preventative injections. While they do not provide 100 percent control, several injectable products significantly de-

creased pine wilt infection when used preventively in research trials. The materials need to be applied by a trained tree care professional. Injections provide no curative activity. Once a tree is infected, there is no way to stop the disease.

Pine trees are beautiful when healthy, but unfortunately, susceptible to many conditions. If you

have questions on how to protect your pine trees, contact your local Post Rock Extension office.

Post Rock Extension District of K-State Research and Extension serves Jewell, Lincoln, Mitchell, Osborne, and Smith counties. Cassie may be contacted at cthiesse@ksu.edu or by calling Beloit (785-738-3597).

FOR SALE

2022 CHEROKEE WOLF PUP 18TO CAMPER

Very nice, like new 2022 Cherokee Wolf Pup 18TO Limited package 23 foot travel trailer with one slide out. Sleeps 5 people. Plus everything you need to get started camping. Includes Anderson Anti-sway hitch, Anderson buckets, wheel chocks, Anderson leveler. Equipped with a Solar Panel and trailer brakes. Flip down travel rack. Upgraded Wilderness Queen camper mattress. Lots of extras.