

Walk with a Doc discusses Health Month

By DESTRY JACKSON

Approximately 10 people gathered at Wheat Ridge Senior Apartments for the monthly “Walk With a Doc” event on Aug. 28.

“August is Health Month, for both physical and mental health,” Decatur Health Chief Medical Officer Dr. Craig Bartruff explained. “There are three basic needs for all of humanity: food, shelter and clothing. Some of the basic needs for health, both mental and physical are sleep, food, and movement. These three affect how your mind and your body work for low stress and better health. The most important type of sleep to get plenty of is called Random Eye Movement (REM) sleep. It’s extremely important, so make sure you get a good night’s sleep each night.”

Bartruff continued, “Movement is also very important. You need to especially have strong legs and feet. Without strong support for the rest of your body, you can’t get out and be mobile.

When that happens, your world around you seems to close in, and depression starts setting into your brain. Eating right is also very important. Fuel your body well. Eat three meals a day. Half of the food should contain fruits and vegetables. Staying hydrated is also very important. Drink lots of water, at least eight 8 ounce glasses of water each day is considered enough to be properly hydrated. We’re fortunate here in the Midwest that we have good water to drink. Several places around the country and around the world have to have their water specially treated to be properly drinkable. Cranberry juice can help with colon, bowels and more. It also helps you keep from getting urinary tract infections. Cranberry AZO pills can also help if you don’t like the flavor of cranberry juice. Not everyone likes that flavor,” Bartruff added.

Once the lesson on physical and mental health was complete, the group took a little walk around Wheat Ridge on the new walking path. The resi-

dents then ate a lunch of chef’s salad, which may include some of the vegetables grown in their own little garden on the back side of the apartment complex.

Visitors to Wheat Ridge may notice that there is an open space

in the concrete and flower bed at the front area. The front patio is being expanded, with more adirondack chairs to be added, some of the residents reported.



Photo By: Destry Jackson
Residents of Wheat Ridge take part in Walk with a Doc on August 27.

•PUBLIC NOTICE•

Published in The Oberlin Herald on Wednesday, August 27 & September 3, 2025

Notice of Hearing 2025-2026 Budget

The governing body of Unified School District 294 will meet on the 8th day of September 2025 at 6:45 PM at 131 E Commercial, Oberlin, KS 67749 for the purpose of hearing and answering objections of taxpayers relating to the proposed use of all funds and the amount of tax to be levied. Detailed budget information, including budget profile, building needs assessment and Board state assessments review is available at District Office on the district website and will be available at this hearing.

The Amount of 2025 Tax to be Levied and Expenditures (published below) establish the maximum limits of the 2025-2026 Budget. The 'Est. Tax Rate' (column 7), shown for comparative purposes, is subject to slight change depending on final assessed valuation.

	Code 99 Line	2023-2024 Actual		2024-2025 Actual		2025-2026 Proposed Budget		
		Actual Expenditures (1)	Actual Tax Rate* (2)	Actual Expenditures (3)	Actual Tax Rate* (4)	Budgeted Expenditures (5)	Amount of 2025 Tax to be Levied (6)	Est. Tax Rate* (7)
OPERATING								
General	06	4,043,285	20.000	4,286,971	20.000	4,528,498	928,691	20.000
Supplemental General (LOB)	08	890,749	19.474	1,362,726	22.517	1,480,560	1,238,997	22.718
SPECIAL REVENUE								
Federal Funds	07	404,672		134,515		134,515		
Adult Education	10	0	0.000	0	0.000	0	0	0.000
Preschool-Aged At-Risk	11	4,477		80,275		9,128		
Adult Supplemental Education	12	0		0		0		
At-Risk Education Fund	13	574,014		920,147		1,109,803		
Bilingual Education	14	0		8,040		4,918		
Virtual Education	15	0		0		0		
Capital Outlay	16	2,084,313	8.000	1,290,736	8.000	1,542,183	436,298	8.000
Driver Training	18	6,521		8,059		42,341		
Declining Enrollment	19	0	0.000	0	0.000	0	0	0.000
Extraordinary School Program	22	0		0		0		
Food Service	24	380,314		371,772		414,404		
Professional Development	26	21,056		18,217		53,512		
Parent Education Program	28	0		0		0		
Summer School	29	0		0		0		
Special Education	30	711,760		735,711		1,019,202		
Cost of Living	33	0	0.000	0	0.000	0	0	0.000
Career and Postsecondary Education	34	154,993		43,135		199,537		
Gifts and Grants	35	488,419		305,770		424,400		
Special Liability Expense Fund	42	0	0.000	0	0.000	0	0	0.000
Extraordinary Growth Facilities	45	0	0.000	0	0.000	0	0	0.000
Special Reserve Fund	47	0		0		0		
KPERs Special Retirement Contribution	51	393,910		399,172		441,883		
Contingency Reserve	53	0		0		0		
Textbook & Student Material Revolving	55	27,627		24,568		0		
Activity Fund	56	38,003		39,594		0		
DEBT SERVICE								
Bond and Interest #1	62	0	0.000	0	0.000	0	0	0.000
Bond and Interest #2	63	0	0.000	0	0.000	0	0	0.000
No-Fund Warrant	66	0	0.000	0	0.000	0	0	0.000
Special Assessment	67	0	0.000	0	0.000	0	0	0.000
Temporary Note	68	0	0.000	0	0.000	0	0	0.000
COOPERATIVES								
Special Education	78	0		0		0		
TOTAL USD EXPENDITURES	100	10,204,393	47.474	10,029,408	50.517	11,404,884	2,603,986	50.718
Less: Transfers	105	1,659,916		1,858,839		1,645,749		
NET USD EXPENDITURES	110	8,544,477		8,170,569		9,759,135		
TOTAL USD TAXES LEVIED	115	2,713,323		2,786,959		2,603,986		

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OTHER								
Historical Museum	80	0	0.000	0	0.000	0	0	0.000
Public Library Board	82	0	0.000	0	0.000	0	0	0.000
Public Library Board Employee Benefits	83	0	0.000	0	0.000	0	0	0.000
Recreation Commission	84	0	0.000	0	0.000	0	0	0.000
Rec Comm Emp Benefits & Spec Liab	86	0	0.000	0	0.000	0	0	0.000
TOTAL OTHER	120	0	0.000	0	0.000	0	0	0.000
TOTAL TAXES LEVIED	125	\$2,713,323		\$2,786,959		\$2,603,986		
Assessed Valuation - General Fund	128	\$52,488,622		\$48,972,990		\$46,434,538		
Assessed Valuation - All Other Funds	130	\$58,053,501		\$57,224,989		\$54,537,255		
Assessed Valuation - Capital Outlay	129	\$58,053,501		\$56,605,142		\$54,537,255		
Outstanding Indebtedness, July 1		2023		2024		2025		
General Obligation Bonds	135	0		0		0		
Capital Outlay Bonds	140	0		0		0		
Temporary Note	145	0		0		0		
No-Fund Warrant	150	0		0		0		
Lease Purchase Principal	153	0		0		0		
TOTAL USD DEBT	155	0		0		0		

Revenue Neutral		2024-2025		2025-2026	
		Actual Taxes Levied	Actual Tax Rate	Revenue Neutral Taxes	Proposed Taxes to be Levied
General		\$979,460	20.000	\$979,460	\$928,691
20.000					20.000
ALL OTHER FUNDS					
Supplemental General (LOB)		\$1,325,646	22.517	\$1,325,646	\$1,238,997
Adult Education		\$0	0.000	\$0	\$0
Capital Outlay		\$481,853	8.000	\$481,853	\$436,298
Cost of Living		\$0	0.000	\$0	\$0
Special Liability Expense Fund		\$0	0.000	\$0	\$0
Extraordinary Growth Facilities		\$0	0.000	\$0	\$0
Bond and Interest #1		\$0	0.000	\$0	\$0
Bond and Interest #2		\$0	0.000	\$0	\$0
No-Fund Warrant		\$0	0.000	\$0	\$0
Special Assessment		\$0	0.000	\$0	\$0
Temporary Note		\$0	0.000	\$0	\$0
Historical Museum		\$0	0.000	\$0	\$0
Public Library Board		\$0	0.000	\$0	\$0
Public Library Board Employee Benefits		\$0	0.000	\$0	\$0
Revenue Neutral Calculation		\$2,786,959	50.517	\$2,786,959	\$2,603,986
Total Taxes Levied Including General Fund		\$1,807,499	30.517	\$1,807,499	\$1,675,295
Taxes Levied Excluding General Fund					

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Taxes Levied Excluding General Fund					

Courthouse News

Courthouse

These transactions were taken from the records in the offices of the Decatur County court clerk, sheriff and register of deeds:

DISTRICT COURT Traffic

Aug. 6: Jonathan Tyler Rorick, Oberlin, Kan., speeding 85 mph in a 65 zone, \$213.

Limited Actions

Credit Management Services Inc. v. Michael Bird, \$696 plus costs and interest.

Credit Management Services Inc. v. Jill Seller, \$425 plus costs and interest.

Credit Management Services Inc. v. Alicia Sheats, \$1,177 plus costs and interest.

REGISTER OF DEEDS

Charlotte Ebert to Tammy M. Bast, Lot 3 and S/2 Lot 2, Blk. 21, Rodehaver Addition, City of Oberlin.

Roger E. and Mary K. Vanover, as Trustees of the Roger and Mary Vanover Trust and as debtors in possession in the United States Bankruptcy Court for the District of Kansas, to Jesse W. and Megan E. Carter, Trustees of the Jesse W. Carter Living Trust, and Megan E. and Jesse W. Carter, Trustees of the Megan E. Carter Living Trust, the SE/4 NE/4 Sec. 18, T4S R26W, and NE/4 SE/4 Sec. 18, T4S R26W, except an irregular tract of land in NE/4 SE/4 Sec. 18, T4S R26W.

Roger E. and Mary K. Vanover, in capacity as Trustees of the Roger and Mary Vanover Trust and as debtors in possession in the United States Bankruptcy Court for the District of Kansas, to Drake B. Rowh, the E/2 NE/4 Sec. 23, T4S R26W, and the NW/4 Sec. 24, T4S R26W.

•PUBLIC NOTICE•

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IN THE DISTRICT COURT OF DECATUR COUNTY, KANSAS PROBATE DIVISION

In the Matter of the Estate of DANIEL EILER, Deceased
Case No.: DC-2025-PR-000019

NOTICE OF HEARING AND NOTICE TO CREDITORS

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a petition dated August 19, 2025, has been filed in this court by Ronald Eiler as a brother, and prays for the appointment of Ronald Eiler as administrator of the estate.

You are further advised that the petitioner in this matter has requested administration pursuant to the Kansas Simplified Estates Act, and if such request is granted the court may not supervise administration of the estate and no further notice of any action of the executor or other proceedings in the estate will be given except for notice of final settlement of the decedent's estate. Should written objections to simplified administration be filed with the court, the court may order supervised administration to ensue.

All creditors are notified to exhibit their demands against the estate within four months from the date of the first publication of this notice as provided by law, and if their demands are not thus exhibited they shall be forever barred.

/s/ Ronald Eiler
Ronald Eiler, Petitioner

/s/ Steven W. Hirsch
Steven W. Hirsch #12789
HIRSCH & ABBOTT LAW OFFICE
104 So Penn, PO Box 296
Oberlin, Kansas 67749
PH: 785-475-2296
steve@hirschlaw.net
Attorney for Estate

•PUBLIC NOTICE•

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ORDINANCE # 276
An ordinance pertaining to junked motor vehicles.

BE IT ORDAINED BY THE GOVERNING BODY OF THE CITY OF NORCATUR, KANSAS, that:

Section 1. FINDINGS OF GOVERNING BODY. The governing body finds that junked, wrecked, dismantled, inoperative or abandoned vehicles affect the health, safety and general welfare of citizens of the city because they:

(a) Serve as a breeding ground for flies, mosquitoes, rats and other insects and rodents;

(b) Are a danger to persons, particularly children, because of broken glass, sharp metal protrusions, insecure mounting on blocks, jacks or other supports;

(c) Are a ready source of fire and explosion;

(d) Encourage pilfering and theft;

(e) Constitute a blighting influence upon the area in which they are located;

(f) Constitute a fire hazard because they frequently block access for fire equipment to adjacent buildings and structures.

Section 2. DEFINITIONS. As used in this ordinance, unless the context clearly indicates otherwise:

(a) Inoperable means a condition of being junked, wrecked, wholly or partially dismantled, discarded, abandoned or unable to perform the function or purpose for which it was originally constructed;

(b) Vehicle means, without limitation, any automobile, truck, tractor or motorcycle which as originally built contained an engine, regardless of whether it contains an engine at any other time.

Section 3. NUISANCES UNLAWFUL; DEFINED; EXCEPTIONS. It shall be unlawful for any person to maintain or permit any motor vehicle nuisance within the city.

(a) A motor vehicle nuisance is any vehicle which is not currently registered or tagged pursuant to K.S.A. 8-126 to 8-149 inclusive, as amended; or parked in violation of city ordinance; or incapable of moving under its own power; or in a junked, wrecked or inoperable condition. Any one of the following conditions shall raise the presumption that a vehicle is junked, wrecked or inoperable:

(1) Absence of a current registration plate upon the vehicle;

(2) Placement of the vehicle or parts thereof upon jacks, blocks, or other supports;

(3) Absence of one or more parts of the vehicle necessary for the lawful operation of the vehicle upon street or highway;

(b) The provisions of this ordinance shall not apply to:

(1) Any motor vehicle which is enclosed in a garage or other building;

(2) To the parking or storage of a vehicle inoperable for a period of 30 consecutive days or less; or

(3) To any person conducting a business enterprise in compliance with existing zoning regulations or who places such vehicles behind screening of sufficient size, strength and density to screen such vehicles from the view of the public and to prohibit ready access to stored vehicles by children. However, nothing in this subsection shall be construed to authorize the maintenance of a public nuisance.

Section 4. PUBLIC OFFICER. The Mayor shall designate a public officer to be charged with the administration and enforcement of this ordinance.

Section 5. COMPLAINTS; INQUIRY AND INSPECTION. The public officer shall make inquiry and inspection of premises upon receiving a complaint or complaints in writing signed by two or more persons stating that a nuisance exists and describing the same and where located or is informed that a nuisance may exist by the board of health, chief of police or the fire chief. The public officer may make such inquiry and inspection when he or she observes conditions which appear to constitute a nuisance. Upon making any inquiry and inspection the public officer shall make a written report of findings.

Section 6. RIGHT OF ENTRY. The public officer has the right of access and entry upon private property at any reasonable time for the purpose of making inquiry and inspection to determine if a nuisance exists.

Section 7. ORDER OF VIOLATION. (a) The governing body shall serve upon the owner, any agent of the owner of the property or any other person, corporation, partnership or association found by the public officer to be in violation of Section 3 an order stating the violation. The order shall be served on the owner or agent of such property by certified mail, return receipt requested, or by personal service. If the property is unoccupied and the owner is a nonresident, then by mailing the order by certified mail, return receipt requested, to the last known address of the owner.

(b) If the owner or the agent of the owner of the property has failed to accept delivery or otherwise failed to effectuate receipt of a notice or order sent pursuant to this section during the preceding twenty-four month period, the governing body of the city may provide notice of the issuance of any further orders to abate or remove a nuisance from such property or provide notice of the order by such methods including, but not limited to, door hangers, conspicuously posting notice of such order on the property, personal notification, telephone communication or first class mail. If the property is unoccupied and the owner is a nonresident, notice provided by this section shall be given by telephone communication or first class mail. (K.S.A. 12-1617e)

Section 8. SAME; CONTENTS. The order shall state the condition(s) which is (are) in violation of Section 3. The notice shall also inform the person, corporation, partnership or association that:

(a) He, she or they shall have 10 days from receipt of the order to abate the condition(s) in violation of Section 3; or

(b) He, she or they have 10 days from receipt of the order to request a hearing before the governing body or its designated representative of the matter as provided by Section 12;

(c) Failure to abate the condition(s) or to request a hearing within the time allowed may result in prosecution as provided by Section 9 and/or abatement of the condition(s) by the city as provided by Section 10.

Section 9. FAILURE TO COMPLY; PENALTY. Should the person fail to comply with the notice to abate the nuisance or request a hearing, the public officer may file a complaint in the municipal court of the city against such person upon conviction of any violation of provisions of Section 3, be fined in an amount not to exceed \$100 or be imprisoned not to exceed 30 days or be both fined and imprisoned. Each day during or on which a violation occurs or continues after notice has been served shall constitute an additional or separate offense.

Section 10. ABATEMENT. In addition to, or as an alternative to prosecution as provided in Section 9, the public officer may seek to remedy violations of this ordinance in the following manner. If a person to whom an order has been sent pursuant to Section 7 has neither alleviated the conditions causing the alleged violation or requested a hearing before the governing body within the time period specified in Section 8, the public officer may present a resolution to the governing body for adoption authorizing the public officer or other agents of the city to abate the conditions causing the violation at the end of 10 days after passage of the resolution.

The resolution shall further provide that the costs incurred by the city shall be charged against the lot or parcel of ground on which the nuisance was located as provided in Section 13. A copy of the resolution shall be served upon the person in violation in one of the following ways:

(a) Personal service upon the person in violation;

(b) Service by certified mail, return receipt requested; or

(c) In the event the whereabouts of such person are unknown and the same cannot be ascertained in the exercise of reasonable diligence, an affidavit to that effect shall be made by the public officer and filed with the city clerk, and the serving of the resolution shall be made by publishing the same once each week for two consecutive weeks in the official city newspaper and by posting a copy of the resolution on the premises where such condition exists.

(d) If the owner or the agent of the owner of the property has failed to accept delivery or otherwise failed to effectuate receipt of a notice or order sent pursuant to this section during the preceding twenty-four month period, the governing body of the city may provide notice of the issuance of any further orders to abate or remove a nuisance from such property or provide notice of the order by such methods including, but not limited to, door hangers, conspicuously posting notice of such order on the property, personal notification, telephone communication or first class mail. If the property is unoccupied and the owner is a nonresident, notice provided by this section shall be given by telephone communication or first class mail.

Section 11. DISPOSITION OF VEHICLE; RECOVERY OF VEHICLE. (a) Disposition of any motor vehicle removed and abated from private property pursuant to this ordinance shall be as provided by K.S.A. Supp. 8-1102, as amended.

(b) Any person