



REMINISCING

(from the files of the Council Grove Republican)

1976

Susan Zimmerman, Stephanie Mowry, Nancy Scott and Brenda Robidou are Morris County 4-H members earning purple ribbons at the Kansas State Fair...Mrs. John Downes honored by the American Heart Association for her 20 years of volunteer service...Larry Scholz announces he is discontinuing operation here of Flint Hills Mortuary and Ambulance Service.

1986

A fourth quarter touchdown by Matt Hensley gives the Little Braves a 12-6 grade school football win over Peabody...Jon Erickson, Ricky Fisher and Jamie Klusener among area students receiving summer degrees from Kansas State University...Tim King elected president, and Brian Anderson vice president of the Student Council at Garfield School.

1996

Tara Choate, Brook Buchman and Lisa Day among statistical leaders for the Lady Braves as they win all five of their matches to win the Abilene Invitational high school junior varsity volleyball tournament...Don McNeal presents a humorous program, "We Write Mistakes," when a group from Emporia Kiwanis Club visits the Council Grove Kiwanis Club.

2006

Wilsey United Methodist Men to host all-day fishing event at one of the ponds managed by Ray Ellerman...Merry Barker and Fay Laughridge each medal in three events during the Kansas Senior Olympics swimming competition in Topeka.

2016

Bravettes at CGHS this year are Maddy Bolen, junior; Aubrey Powell, sophomore; Liz Florence, sophomore; Bree Allen, sophomore; Hailey Konen, senior; Payton Cunningham, junior; Lauren Reddick, sophomore; and Hailey Hower, sophomore...Leigh Ann Griggs Gaddis, Abilene, is the local winner in Week 2 of the Power Points Football Contest and will receive a \$25 gift certificate.



LEGALS

IN THE DISTRICT COURT OF MORRIS COUNTY, KANSAS

U.S. BANK NATIONAL ASSOCIATION, AS TRUSTEE FOR HOME EQUITY ASSET TRUST 2006-4 HOME EQUITY PASS-THROUGH CERTIFICATES, SERIES 2006-4 PLAINTIFF vs. JAMES WIDNER, et al. DEFENDANTS

Case No. MR-2025-CV-000034 Div. No. K.S.A. 60

TITLE TO REAL ESTATE INVOLVED NOTICE OF SHERIFF'S SALE

Under and by virtue of an Order of Sale issued by the Clerk of the District Court in and for the said County of Morris, in a certain cause in said Court Numbered MR-2025-CV-000034, wherein the parties above named were respectively plaintiff and defendant, and to me, the undersigned Sheriff of said County, directed, I will offer for sale at public auction and sell to the highest bidder for cash in hand at the front door of courthouse in the City of Council Grove in said County, on October 1, 2026, at 10:00 a.m.; Thursday, of said day the following described real estate located in the County of Morris, State of Kansas, to wit:

THE NORTH HALF OF LOTS ONE, TWO, THREE, FOUR, FIVE, SIX, SEVEN AND EIGHT (N 1/2 LTS 1-8 INCLUSIVE), IN BLOCK THIRTY (30), EAST SIDE ADDITION TO THE CITY OF COUNCIL GROVE, MORRIS COUNTY, KANSAS. Commonly known as 21 South 8th Street, Council Grove, Kansas 66846

This is an attempt to collect a debt and any information obtained will be used for that purpose.

Scott Coover SHERIFF OF MORRIS COUNTY, KANSAS

LOGS LEGAL GROUP LLP Attorneys for Plaintiff 6811 Shawnee Mission Parkway - Suite 309

Overland Park, KS 66202 (913) 831-3000 Fax No. (913) 831-3320 Our File No. 25-014772

(First published in the Council Grove Republican September 9, 2026; subsequently on September 16, 2026 and September 23, 2026)

What is the healthiest type of rice?

Rice is inexpensive and a nutritious source of vitamins and minerals, and it comes in many different varieties. With so many options to choose from, people may wonder if certain rices are more nutritious than others. All rice can fit into a nutritious diet, but Healthline notes the healthiest options are whole grain, unpolished rices like black, red or brown rice. Here is a deep look at these varieties.

• Brown rice: Brown rice has had the outer protective shell, known as the hull, removed. Unlike white rice, it still contains the bran layer and the germ. Brown rice contains flavonoid antioxidants that are good for illness prevention. Brown rice has a slightly higher fiber and protein content than white rice. Fiber can promote feelings of fullness.

• Black rice: Black rice has a deep black color that often transitions to purple when cooked. Research shows that black rice has the highest antioxidant activity of all the varieties. Antioxidants protect cells from free radicals. Black rice also contains anthocyanins, which are plant pigments that have powerful antioxidant and anti-inflammatory properties. The National Institutes of Health notes that anthocyanins derived from black rice suppress the growth of certain cancers.

• Red rice: Like black rice, red rice is high in protein and fiber and is packed with flavonoid antioxidants. Healthline says red rice has significantly greater potential to fight free radicals and contains higher concentrations of flavonoid antioxidants than brown rice. Flavonoids can help decrease inflammation in the body.

Although rice is healthy, it should be enjoyed in moderation. Arsenic is a concern related to overconsumption of rice, as the rice naturally absorbs inorganic arsenic from the soil. Brown rice tends to retain slightly higher levels than white rice. The Cleveland Clinic says rice grown in Thailand and basmati rice from India are varieties of rice with lower arsenic levels. Rice grown in California also has lower levels of arsenic when compared to rices from the southeastern United States. Arborio rice from Italy tests high in arsenic and other heavy metals. Rice is safe to eat, but some varieties are healthier than others. Individuals looking to eat healthier can choose to incorporate more rice into their diets.



The American Academy of Orthodontists® recommends that children complete their first checkup with an orthodontist by age seven. This age is good for a first consultation because many children at this point have a mix of baby and permanent teeth, which offers the examining orthodontist considerable insight. But the AAO also notes that parents need not wait until a child is seven if they have any concerns or notice anything they might think is unusual regarding their child's teeth. Difficulty chewing or biting, mouth breathing, jaws shifting or clicking, cheek biting, facial imbalance, and early or late loss of baby teeth are potential indicators that a youngster can benefit from orthodontic care.

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On This Day

1952 – Nixon Makes his Checkers Speech--The televised speech was made by then-Vice Presidential candidate Richard Nixon as a response to accusations of corruption and use of campaign funds for private expenses. The speech received its name due to the mention of Checkers, a dog he had received as a gift for his children. In the speech, he emphasized that he intended to keep Checkers.

1909 – Phantom of the Opera makes its Literary Debut--The novel about a disfigured musical genius was written by French writer Gaston Leroux. It was first published as a series in the French newspaper, Le Gaulois. The novel was later adapted as a popular musical and as a film.

1889 – Nintendo is Founded--The Japanese gaming company was created by entrepreneur Fusajiro Yamauchi as a card company called Nintendo Koppai, which was based in Kyoto. The company originally produced and sold playing cards called Hanafuda. The release of Donkey Kong, an arcade game in 1981, brought Nintendo to the forefront of electronic and video games industry.

Births

1949 – Bruce Springsteen--American singer-songwriter, guitarist

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1930 – Ray Charles--American singer-songwriter, pianist, actor

Deaths

1994 – Robert Bloch--American author

1939 – Sigmund Freud--Austrian neurologist

PUBLIC NOTICE

To whom it may concern,

NOTICE IS HEREBY GIVEN that the Board of Zoning Appeals of the City of Council Grove, Kansas will hold a public hearing on Wednesday, October 14, 2026 at 5:30 p.m. at Council Grove City Hall, 205 Union Street, Council Grove, Kansas, to consider the following matters:

ITEM 1 – Variance Request I 127 N. Chautauqua Street

Application of K-Construction, Inc. / Joe Kormanik on behalf of property owner Scott Studley for property located at 127 N. Chautauqua Street, Council Grove, Kansas, legally described as:

COUNCIL GROVE ORIGINAL, S14, T16, R08E, BLOCK 48, Lots 1-2

The applicant is requesting a variance from the applicable setback requirements of the Council Grove Code of Ordinances to permit the placement of a detached accessory garage structure at a location that does not conform to the required setbacks for the subject property and zoning district.

ITEM 2 – Variance Request I 801 Donnon Street

Application of Matthew Weaver for property located at 801 Donnon Street,

MISC.

"The 36-Hour Day" Support Group meets 1-2 p.m. on Thursdays at the Morris County Hospital Chapel. It is free, safe, confidential and open to anyone caring for a friend or loved one with dementia. For info, call Jan at 303-775-5901 or Liz at 785-466-1590.

ARE YOU Concerned about someone else's drinking? Al-Anon can help! 785-561-0157.

DO YOU think you have a drinking problem? Call Alcoholics Anonymous, 620-767-8138 or 785-561-0157.

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Read Local

Keep up with your community!

Council Grove, Kansas, legally described as:

Lots 13, 14, 15 and 16, Block 32, East Side Addition to the City of Council Grove, Morris County, Kansas

The applicant is requesting a variance from §16-209(a) of the Council Grove Code of Ordinances, which requires detached accessory buildings to be located not less than 60 feet from the front property line. The applicant proposes to construct a 24' x 30' detached accessory garage at a location aligned with the front plane of the existing residence rather than at the required 60-foot setback.

You may appear at this time either in person or by agent or attorney, if you so desire, and be heard on either or both matters. After hearing the views and wishes of all persons interested in these requests, the Board of Zoning Appeals will consider each matter and render its decision.

Dated this 23rd day of September, 2026. Nick Jones, City Clerk

City of Council Grove, Kansas (Published in the Council Grove Republican September 23, 2026)

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