Health professional urges annual wellness exam

K-State Extension news service

MANHATTAN, Kan. – Scheduling a physical with the doctor is an important step in addressing a health concern, but it's not enough.

In fact, a Kansas State University health professional says all Americans need to be active in scheduling and following through with an annual wellness exam.

"A physical usually is to identify a concern, maybe diagnose a disease, or when we think something is not right," said Elaine Johannes, the Kansas Health Foundation's Distinguished Professor of Community Health at Kansas State University. "We go in, we get checked and, thankfully, everything turns out okay."

"A wellness exam," she continued, "should be done annually to make sure that we are as healthy as we can be. The doctor will look at certain indicators – or screenings – to make sure we are working well. If there is a problem, then the hope is that we would catch it early enough to treat it without invasive procedures."

When thinking of wellness checks, Johannes says, "we need to own those…We need to be active in our health."

People of all ages need to be active in scheduling an annual wellness exam, according to Johannes. The National Institutes of Health urges Americans to visit a health care provider regularly, even if you feel healthy.

The purpose of the visits includes:

- Screen for medical issues.
- Assess the risk for future medical problems.
- Encourage a healthy lifestyle.
- Update vaccinations and other preventive care services.
- Help you get to know your provider in case of illness.

NIH also has published guidelines for what a wellness exam should cover for men and women, in three age groups (18-39, 40-64, and over age 65).

"As we get older, the list of screenings that we should have in our wellness checks gets longer," Johannes said. "For example, if you're between the ages of 18-39, no matter if you identify as male or female.

See HEALTH, Page Eight

Neosho County Fair receives $1,040 from Masonic Lodge

ERIE —Erie Lodge No. 76, in partnership with the Kansas Masonic Foundation, has donated $1,040 to the Neosho County Fair to support the annual event and its continued impact on the local community.

Held annually in Erie, the Neosho County Fair brings rural and urban residents together through agricultural displays, open-class home economics competitions, educational exhibits, and other activities that celebrate the area's agricultural heritage. With roots dating back to the early years of Kansas statehood, the fair has evolved from a pioneer agricultural showcase into an annual community tradition that provides opportunities for local youth and families to connect, learn, and participate.

"The history of the Neosho County Fair dates back to the earliest years of Kansas statehood, originating as a pioneer agricultural showcase before evolving into the modern youth and community celebration held in Erie today," said Erie Lodge No. 76 Treasurer Kevin Standley. "Our lodge chose to donate because supporting youth development, civic engagement, and community stability lies at the core of our Masonic values. The Neosho County Fair provides a vital platform for local 4-H and FFA members to build leadership, financial responsibility, and practical skills through hands-on projects."

Founded in 1869, Erie Lodge No. 76 has 31 active members committed to supporting organizations, events, and initiatives throughout the community. The lodge supports the annual Erie Old Soldiers and Sailors Reunion, sends local students to the Kansas Masonic All-State Marching Band Camp, awards college scholarships to area juniors and seniors, and participates in Kansas Masonic Foundation fundraising efforts that benefit local school events and extracurricular clubs.

The $1,040 donation will be used to support next year's Neosho County Fair, including enhancements to the event and prizes for winners of its various competitions. A formal donation presentation took place in July.

Legal Notices

First Published in The Erie Record on August 14, 2026

IN THE DISTRICT COURT OF NEOSHO COUNTY, KANSAS
CIVIL DEPARTMENT

Carrington Mortgage Services, LLC Plaintiff, vs. Amanda J. Hunter; Unknown spouse if any of Amanda J. Hunter; United States of America, Secretary of Housing and Urban Development; John Doe (Tenant/Occupant); Mary Doe (Tenant/Occupant) Defendants.

Case No. NOC-2025-CV-000087 Court Number: Pursuant to K.S.A. Chapter 60

NOTICE OF SALE

Under and by virtue of an Order of Sale issued to me by the Clerk of the District Court of Neosho County, Kansas, the undersigned Sheriff of Neosho County, Kansas, will offer for sale at public auction and sell to the highest bidder for cash in hand, at the of the Courthouse at Erie Neosho County, Kansas, on September 8, 2026, at 10:00 AM, the following real estate:

LOTS 10 AND 11, BLOCK 4, EDEN PARK ADDITION TO THE CITY OF CHANUTE, NEOSHO COUNTY, KANSAS, commonly known as 1009 S Santa Fe Ave, Chanute, KS 66720 (the "Property")

to satisfy the judgment in the above-entitled case. The sale is to be made without appraisement and subject to the redemption period as provided by law, and further subject to the approval of the Court. For more information, visit www.Southlaw.com

Greg Taylor, Sheriff
Neosho County, Kansas

Prepared By:
SouthLaw, P.C.
Linda Tarpley (KS #22357)
13160 Foster,, Suite 100
Overland Park, KS 66213-2660
(913) 663-7600
(913) 663-7899 (Fax)
Attorneys for Plaintiff
(255418)

Legal Notices

Published in The Erie Record August 7 & August 14, 2026

Notice of Hearing 2026-2027 Budget

The governing body of Unified School District 101 will meet on the 8th day of September 2026 at 6:05 PM at 205 South Main, Erie, KS 66733 for the purpose of hearing and answering objections of taxpayers relating to the proposed use of all funds and the amount of tax to be levied. Detailed budget information, including budget profile, building needs assessment and Board state assessments review is available at District Office on the district website and will be available at this hearing.

The Amount of 2026 Tax to be Levied and Expenditures (published below) establish the maximum limits of the 2026-2027 Budget. The 'Est. Tax Rate' (column 7), shown for comparative purposes, is subject to slight change depending on final assessed valuation.

		2024-2025 Actual		2025-2026 Actual		2026-2027 Proposed Budget		
	Code 99 Line	Actual Expenditures (1)	Actual Tax Rate* (2)	Actual Expenditures (3)	Actual Tax Rate* (4)	Budgeted Expenditures (5)	Amount of 2026 Tax to be Levied (6)	Est. Tax Rate* (7)
OPERATING								
General	06	4,993,019	20.000	4,736,444	20.000	5,050,950	617,431	20.000
Supplemental General (LOB)	08	1,650,729	18.566	1,628,830	23.041	1,738,633	833,423	20.317
SPECIAL REVENUE								
Federal Funds	07	220,549		217,685		225,486		
Adult Education	10	0	0.000	0	0.000	0	0	0.000
Preschool-Aged At-Risk	11	16,019		27,483		33,113		
Adult Supplemental Education	12	0		0		0		
At-Risk Education Fund	13	1,196,236		1,379,490		1,260,922		
Bilingual Education	14	749		326		1,217		
Virtual Education	15	0		0		0		
Capital Outlay	16	957,419	7.988	1,443,561	8.000	2,468,455	328,175	8.000
Driver Training	18	4,976		6,405		26,794		
Declining Enrollment	19	0	0.000	0	0.000	0	0	0.000
Extraordinary School Program	22	0		0		0		
Food Service	24	340,485		294,279		339,952		
Professional Development	26	36,231		20,417		56,512		
Parent Education Program	28	0		0		0		
Summer School	29	0		0		0		
Special Education	30	925,509		922,330		1,491,396		
Cost of Living	33	0	0.000	0	0.000	0	0	0.000
Career and Postsecondary Education	34	130,220		130,823		288,759		
Gifts and Grants	35	189,930		102,784		213,795		
Special Liability Expense Fund	42	0	0.000	0	0.000	0	0	0.000
Extraordinary Growth Facilities	45	0	0.000	0	0.000	0	0	0.000
Special Reserve Fund	47	0		0				
KPERS Special Retirement Contribution	51	455,171		482,607		544,139		
Contingency Reserve	53	0		125,000				
Textbook & Student Material Revolving	55	23,277		10,036				
Activity Fund	56	26,935		23,341				
DEBT SERVICE								
Bond and Interest #1	62	1,380,326	23.450	1,378,831	23.273	1,403,235	961,942	23.450
Bond and Interest #2	63	0	0.000	0	0.000	0	0	0.000
No-Fund Warrant	66	0	0.000	0	0.000	0	0	0.000
Special Assessment	67	0	0.000	0	0.000	0	0	0.000
Temporary Note	68	0	0.000	0	0.000	0	0	0.000
COOPERATIVES[1]								
Special Education	78	0		0		0		
TOTAL USD EXPENDITURES	100	12,547,780	70.004	12,930,672	74.314	15,143,358	2,740,971	71.767
Less: Transfers	105	2,180,736		2,253,858		2,282,134		
NET USD EXPENDITURES	110	10,367,044		10,676,814		12,861,224		
TOTAL USD TAXES LEVIED	115	2,513,314		2,716,323		2,740,971		

1. Sponsoring District Only

**Tax Rates are expressed in Mills*

		2024-2025 Actual		2025-2026 Actual		2026-2027 Proposed Budget		
	Code 99 Line	Actual Expenditures (1)	Actual Tax Rate* (2)	Actual Expenditures (3)	Actual Tax Rate* (4)	Budgeted Expenditures (5)	Amount of 2026 Tax to be Levied (6)	Est. Tax Rate* (7)
OTHER								
Historical Museum	80	0	0.000	0	0.000	0	0	0.000
Public Library Board/District	82	0	0.000	0	0.000	0	0	0.000
Public Library Board Employee Benefits	83	0	0.000	0	0.000	0	0	0.000
Recreation Commission	84	0	0.000	0	0.000	0	0	0.000
Rec Comm Emp Benefits & Spec Liab	86	0	0.000	0	0.000	0	0	0.000

Notice of Hearing 2026-2027 Budget

TOTAL OTHER	120	0	0.000	0	0.000	0	0	0.000
TOTAL TAXES LEVIED	125	$2,513,314		$2,716,323		$2,740,971		
Assessed Valuation - General Fund	128	$29,002,022		$29,422,761		$30,871,559		
Assessed Valuation - All Other Funds	130	$38,661,562		$39,219,822		$41,021,823		
Assessed Valuation - Capital Outlay	129	$38,661,562		$39,219,822		$41,021,823		
Outstanding Indebtedness, July 1		2024		2025		2026		
General Obligation Bonds	135	17,240,000		16,380,000		14,545,000		
Capital Outlay Bonds	140	0		0		0		
Temporary Note	145	0		0		0		
No-Fund Warrant	150	0		0		0		
Lease Purchase Principal	153	0		0		0		
TOTAL USD DEBT	155	17,240,000		16,380,000		14,545,000		

**Tax Rates are expressed in Mills*

/s/ Brad DeMeritt
Board President

/s/ Connie Buskirk
Clerk of the Board

Exceeding Revenue Neutral for the 2026-2027 School Year

The governing body of Unified School District 101 will meet on the 8th day of September 2026 at 6:00 PM at 205 South Main, Erie, KS 66733 for the purpose of hearing and answering objections of taxpayers relating to the proposed use of all funds and the amount of tax to be levied. Detailed budget information, including budget profile, is available at District Office and will be available at this hearing.

Revenue Neutral

	2025-2026				2026-2027	
	Actual Taxes Levied (1)	Actual Tax Rate (2)	Revenue Neutral Taxes (3)	Revenue Neutral Tax Rate (4)	Proposed Taxes to be Levied (5)	Proposed Tax Rate (6)
General	$588,455	20.000	$588,455	19.061	$617,431	20.000
ALL OTHER FUNDS						
Supplemental General (LOB)	$903,687	23.041	$903,664	22.029	$833,423	20.317
Adult Education	$0	0.000			$0	0.000
Capital Outlay	$311,394	8.000	$313,759	7.591	$328,175	8.000
Cost of Living	$0	0.000			$0	0.000
Special Liability Expense Fund	$0	0.000			$0	0.000
Extraordinary Growth Facilities	$0	0.000			$0	0.000
Bond and Interest #1	$912,787	23.273	$912,763	22.251	$961,942	23.450
Bond and Interest #2	$0	0.000			$0	0.000
No-Fund Warrant	$0	0.000			$0	0.000
Special Assessment	$0	0.000			$0	0.000
Temporary Note	$0	0.000			$0	0.000
Historical Museum	$0	0.000			$0	0.000
Public Library Board/District	$0	0.000			$0	0.000
Public Library Board Employee Benefits	$0	0.000			$0	0.000

Revenue Neutral Calculation

Total Taxes Levied Including General Fund	$2,716,323	74.314	$2,718,641	70.932	$2,740,971	71.767
Total Taxes Levied Excluding General Fund	$2,127,868	54.314	$2,130,186	51.871	$2,123,540	51.767

/s/ Brad DeMeritt
Board President

/s/ Connie Buskirk
Clerk of the Board