

Presidential Physical Fitness Award is returning to US schools

WASHINGTON (AP) — President Donald Trump on Tuesday revived the Presidential Physical Fitness Award as part of his push to return an annual physical fitness test to America's schools. The award is tied to the Presidential Fitness Test, which was a public-school fixture for decades but was phased out under President Barack Obama in favor of a program that minimized

competition and focused on long-term health. Trump signed an order last summer to reestablish the fitness test, which was created in the 1950s. "We're bringing it back," Trump said at an Oval Office ceremony alongside children and professional athletes. "My administration is working very hard to defend America's cherished athletic traditions and

pass our values of excellence and competitiveness to the next generation." The earlier exam tested students on a battery of exercises, including a 1-mile run and sit-ups. Those scoring above the 85th percentile for their gender in each component of the test received the Presidential Physical Fitness Award, though details of the revived test have yet to be released.

The test is being made mandatory for students at 161 schools located on U.S. military installations, Hegseth said in the Oval Office. He encouraged other schools across the country to follow. "We need young, strong, healthy Americans, whether you serve in the military or any other aspect of your life," Hegseth said. Trump, an avid golfer

and sports enthusiast, emphasized the importance of balancing both physical and mental fitness, saying that it's "all about the mind" at top levels of competition. He praised the athletes at the White House event while joking about his own fitness regimen. "I work out so much, like about one minute a day, max — if I'm lucky," Trump said.

Trump said he would be signing the first copy of the new award on Tuesday. After the Oval Office event, the kids were invited to the South Lawn to play sports to a soundtrack of songs like "YMCA" and "Eye of the Tiger." Trump joined outside as the kids putted at a green, kicked soccer balls and threw a baseball with pitcher Noah Syndergaard.

Regionals

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Kuhle has led KU to four straight postseason berths after the school had just one total under the current format before she arrived in 2021.

"I think this is exactly what we were hoping to build when we came to Kansas," Kuhle said, "and just so excited for the girls to have another opportunity."

The Jayhawks have a long way to go if they want to reach nationals in Carlsbad. They rank 38th nationally and are a No. 7 seed in the 12-team Ann Arbor Regional; the top five teams will advance to the Omni La Costa Resort & Spa. But then again KU was the No. 4 seed last year in Columbus, Ohio, when it won the entire regional and Lyla Louderbaugh claimed the individual title. DeKock said it feels like yesterday that the Jayhawks were standing on the podium with their "ticket punched" placard.

"It's been a quick year, but what a blessing it is that



DARREN CARROLL/USGA

Amy DeKock plays her second shot at the fourth hole during the second round of stroke play of the 2025 U.S. Women's Amateur at Bandon Dunes Golf Resort in Bandon, Ore. on Aug. 5, 2025.

we have another chance at it now," she added.

There's reason to believe they might have success once again. Kuhle points out that the Jayhawks had three top-five results this spring and finished strong at the Big 12 Championship. This is also the first year in which two KU players, those being Louderbaugh and Ebba

Nordstedt, have received all-conference honors; they have led the way this spring after DeKock served as the top scorer for much of the fall. It's a well-rounded group.

"I bring that up quite a bit at the end of our tournaments, (that) when we play our best golf it's because all five players showed up and played, and we didn't

know which score we were going to throw out," Kuhle said.

In addition, the University of Michigan Golf Course on which they will be competing — and where Kuhle once played herself at a junior tournament, an experience she is beginning to remember somewhat more vividly as

KU prepares for the competition ahead — shares a designer and plenty of similarities with the Ohio State course on which they excelled last spring.

"I think we're going to have a familiarity," Kuhle said.

Not many Jayhawks of the past were able to develop the sort of familiarity with regional competition more broadly that DeKock and her teammates have. Even the decorated Yupaporn Kawinpakorn, for example, didn't go to the postseason all four years of her career back in the mid-2010s.

"I think every year you play in it, you have more comfort and you know exactly kind of how it runs, the expectations, the pressure, the course," Kuhle said, "so I think you feel more comfortable, just like anything, like a USGA championship or a state championship."

That comfort level makes it easier for the Jayhawks to do what DeKock said was key to the Columbus title last season: treat the regional like it's "just another tournament," after they've played a wide variety of tournaments over the

course of the year.

"My goal is really to get them to see all different types of teams that we're going to compete against, different types of courses, and I feel like (with) that, right now is when it pays off," Kuhle said.

DeKock said that the Jayhawks concentrate a lot on expressing gratitude, and understanding that so many schools around the country don't get the chance to play in regionals at all — as KU is now doing year after year.

Now the question is whether their journey, and DeKock's, will continue beyond Ann Arbor.

"It's a touchy subject, because I don't want to be done," she said. "But I feel so prepared for this next journey where I'm playing golf professionally, because my coaches have prepared me so well. (Kuhle) has really helped me see how your golf game doesn't just go into the way you play golf, but is (also) how you prepare for it. I feel so excited for these last two events because I know they're big ones, but because I have so much support behind me too."

Big men

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So the former-tormentor category may have come up empty, but the KU staff still did plenty of work in the month of April to both retain Paul Mbiya after his dalliance with the transfer portal and to add some significant size and experience in the form of Christian Reeves.

Those two join Dawes and Davion Adkins, who has been somewhat overshadowed in the 2026 recruiting class but at the time he announced for KU was a borderline top-30 recruit. The Jayhawks also just added unheralded freshman Grant Mordini for more depth.

The flashy parts of KU's roster — and, undoubtedly, a lot of the money — are in the backcourt and on the wing, where the Jayhawks have incoming McDonald's All-Americans Taylen Kinney and Tyran Stokes. But while the group isn't complete yet, it certainly seems like KU's long-term potential

could have a lot to do with the unproven players in the middle.

The fact that Reeves started his career at Duke does a lot of work to make him seem like a suitable starting center for the Jayhawks, and he certainly looks the part at 7-foot-2 and 255 pounds. But in fact he was a three-star prospect who played a total of 57 minutes in 16 games across two seasons with the Blue Devils before season-ending right ankle surgery ended his tenure there. At Clemson he got into 29 games — for an average of five minutes. In short, KU is asking him to make significant contributions at the power-conference level for the first time in his career.

Even in his breakout season at Charleston — 11.1 points, 7.8 rebounds per game — he was splitting time with Chol Machot, who is now at Georgetown.

That might not be a mark against Reeves, though. For one thing, it's impressive to have accrued those already solid stats in just 21.4 minutes per game; if he brings

the same proclivity for rebounding and finishing strong in the paint to the Big 12, he could produce at an even greater level. Not to mention that as head coach Bill Self noted when he signed, he was doing all of that while playing through a shoulder injury. Or, looked at another way, his experience in a center-by-committee setup shows he might be well suited to split time with a new teammate, Mbiya.

Mbiya was already a fan favorite last season as a freshman without having accomplished much on the court, to the point that Allen Fieldhouse chanted his name on a number of occasions when he contributed in wins over Arizona and Kansas State.

But he really endeared himself to KU fans with what he did in March, when he chipped in tough post performances off the bench in a pair of NCAA Tournament games, and in April, when his attachment to KU was strong enough to keep him out of the portal as plenty of centers were earning big paydays by ditching their former homes. As his manager

put it at the time, Mbiya was operating based on emotion and they wanted him to understand it was a business; emotion and business ultimately found common ground to ensure his return to Lawrence.

Those tournament showings, eight points and three rebounds against Cal Baptist and four points and six boards against St. John's, as he altered one shot after another all the while with his 7-foot-8 wingspan, demonstrated the kind of player Mbiya can become if he continues to develop. If the Congolese sophomore can replicate in 15 to 20 minutes per game what he did in 16 and 13 in San Diego, it could be the best-case scenario for both him and Reeves.

Where does Adkins fit in? Self described him as a "prototypical power forward" when he signed while also noting that he has the size to play center. Indeed, Adkins is a 6-foot-9 lefty with a 7-foot-2 wingspan who plays above the rim and blocks shots, and all of those attributes evoke the recently departed former Jayhawk Flory

Bidunga. He's not rated nearly as highly coming out of school as Bidunga was — in fact, Adkins slipped to No. 70 on 247Sports in February — but he's still been productive in his senior season at Prolific Prep. For example, he had 16 points and six rebounds as his team won the Grind Session title on March 22. He previously averaged 11.0 points, 5.8 boards and 3.3 blocks at the NBPA Top 100 camp last summer.

Adkins could get deployed in a couple ways next season. Right now the veteran Dawes projects as KU's top choice at power forward. The 6-foot-7, 230-pound Stokes could slide down to that spot if the Jayhawks want to play small (perhaps with Dawes at center), but right now Adkins could be in line to serve as Dawes' backup in most standard lineups. If he proves capable enough in that role he could even swipe some center minutes from the duo of Mbiya and Reeves — and as the 2025-26 season demonstrated, foul trouble can always become a factor.

When KU signed

Mordini on Friday, Self emphasized that the Lake Forest, Illinois, native will "add depth at the center position and be a guy that makes us better every day in practice." That certainly doesn't read like the prep-school product, whose other Division I offer was from Kansas City, is going to immediately see the floor. But Mordini did tell Shay Wildeboor of JayhawkSlant.com that while he has "the option to redshirt," he plans to put himself on the court. The son of former Bradley forward Bruce Mordini, he has the size at 6-foot-11 and can stretch the floor like a guard, but physical development would be key to any future role with the Jayhawks in the years ahead.

Whoever plays in the middle for KU, he will be playing more, at a higher level or at a different position than the one to which he is generally accustomed. How swiftly the new Jayhawk post players adapt to these circumstances will go a long way toward determining the ceiling of KU's 2026-27 season.

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(First published in the Lawrence Daily Journal-World on the 3rd of May, 2026)	Association Plaintiff, vs.	that are existing, dissolved or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors and assigns of any defendants that are or were partners or in partnership; and the unknown guardians, conservators and trustees of any defendants that are minors or are under any legal disability and all other person who are or may be concerned;	Vermont Street, Lawrence, KS 66044 ("the Property") MS 223402	MATION OBTAINED WILL BE USED FOR THAT PURPOSE.	(Deceased), et al., Defendants	trustees of any defendants that are minors or are under any legal disability and all other person who are or may be concerned;	Court of Douglas County, Kansas. If you fail to plead, judgment and decree will be entered in due course upon the request of plaintiff.
NOTICE TO BIDDERS City of Lawrence bid opportunities are posted on: https://procurement.open-gov.com/portal/lawrenceks Registration required to submit bids. Public Bid Openings are held Tuesdays at 3:35 PM in the City Commission Room at City Hall. Sherri Riedemann, City Clerk	Rebecca F Johnson, Jane Doe, John Doe, Courtney Johnson aka Courtney Nichole Barger, and United States Secretary of Housing and Urban Development, et al., Defendants Case No. DG-2026-CV-000221 Court No. Title to Real Estate Involved Pursuant to K.S.A. §60	You are hereby notified that a Petition has been filed in the District Court of Douglas County, Kansas by U.S. Bank National Association, praying to foreclose a mortgage on the following described real estate: THE SOUTH 40 FEET OF LOT 12, BLOCK 8, BABCOCK'S ADDITION TO THE CITY OF LAWRENCE, DOUGLAS COUNTY, KANSAS. Parcel ID No. 023-103-06-0-20-10-015.00-0. Commonly known as 1609	and all those defendants who have not otherwise been served are required to plead to the Petition on or before June 16, 2026 in the District Court of Douglas County, Kansas. If you fail to plead, judgment and decree will be entered in due course upon the request of plaintiff. MILLSAP & SINGER, LLC By: Dwayne A. Duncan, #27533 duncan@msfirm.com 612 Spirit Dr. St. Louis, MO 63005 (636) 537-0110 (636) 537-0067 (fax) ATTORNEYS FOR PLAINTIFF	(First published in the Lawrence Daily Journal-World on the 29th of April, 2026)	Case No. DG-2025-CV-000504 Court No.	You are hereby notified that a Petition has been filed in the District Court of Douglas County, Kansas by PennyMac Loan Services, LLC, praying to foreclose a mortgage on the following described real estate: LOT 8, BLOCK 2, DE VEL ADDITION NO. 3, A SUBDIVISION IN THE CITY OF LAWRENCE, DOUGLAS COUNTY, KANSAS. Parcel ID No. 0230662304009008000. Commonly known as 528 N Salsbury Ct., Lawrence, KS 66049 ("the Property") MS 229833	MILLSAP & SINGER, LLC 8900 Indian Creek Parkway, Suite 180 Overland Park, KS 66210 (913) 339-9132 (913) 339-9045 (fax) By: Dwayne A. Duncan, #27533 duncan@msfirm.com 612 Spirit Dr. St. Louis, MO 63005 (636) 537-0110 (636) 537-0067 (fax) ATTORNEYS FOR PLAINTIFF MS 229833.462350 KJFC
IN THE DISTRICT COURT OF DOUGLAS COUNTY, KANSAS CIVIL DEPARTMENT U.S. Bank National	NOTICE OF SUIT STATE OF KANSAS to the above named Defendants and The Unknown Heirs, executors, devisees, trustees, creditors, and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors and assigns of any defendants		MILLSAP & SINGER, LLC IS ATTEMPTING TO COLLECT A DEBT AND ANY INFOR-	IN THE DISTRICT COURT OF DOUGLAS COUNTY, KANSAS CIVIL DEPARTMENT PennyMac Loan Services, LLC Plaintiff, vs. Beth Carey, Estate of Nick Carey aka Nick Allen Carey (Deceased), Jessica Rae Pemberton, Tanner Scott Weatherwax, Jane Doe, John Doe, Colbert A. Carey, United States Secretary of Housing and Urban Development, and Unknown Heirs of Nick Carey aka Nick Allen Carey	Title to Real Estate Involved Pursuant to K.S.A. §60 NOTICE OF SUIT STATE OF KANSAS to the above named Defendants and The Unknown Heirs, executors, devisees, trustees, creditors, and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors and assigns of any defendants that are existing, dissolved or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors and assigns of any defendants that are or were partners or in partnership; and the unknown guardians, conservators and	and all those defendants who have not otherwise been served are required to plead to the Petition on or before June 9, 2026 in the District	MILLSAP & SINGER, LLC IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.